

# April Membership Luncheon

## Law Firm Success vs. Wellness ~ Are They Mutually Exclusive?



### Join Us as Three Local Firms Present Their Wellness Strategies!

Have you heard the recent wellness initiatives but not sure how to implement wellness in your own firm?

Do you feel that maybe all of this “wellness talk” is a waste of time?

Join us for a panel discussion as three local firms:

**The Fleming Law Group**

**Battaglia, Ross, Dicus & McQuaid, P.A.**

**Johnson, Pope, Bokor, Ruppel, & Burns, LLP**

discuss real world tips and success strategies that have been implemented in their own firms. These wellness strategies will help your firm begin the cultural shift toward achieving wellness while maintaining financial wellness. Members present will be encouraged to share tips from their own firms. We will also be joined by:

**Jessica Danner from ABA Retirement Funds**

**Friday, April 6, 2018**  
**BridgePoint Church**  
**737 Third Ave. N.**

**11:30am**  
**Networking Lunch**

**11:55am**  
**All Guests Seated  
for Program**

**ST. PETERSBURG BAR  
ASSOCIATION**

P.O. Box 172  
St. Petersburg, FL 33731-0172  
Phone: 727-823-7474  
Fax: 727-823-8166  
info@stpetebar.com  
www.stpetebar.com

### APRIL MEMBERSHIP LUNCHEON

**FREE** SPBA Regular members, Judges, Student members.  
**\$25.00** Reciprocal members, Associate members, Member staff, Guests

#### Register:

Online at the calendar [www.stpetebar.com](http://www.stpetebar.com),  
Email at [info@stpetebar.com](mailto:info@stpetebar.com),  
Submit payment by check to the P.O. Box indicated.

**Registration Deadline 5pm Tuesday, April 3, 2018**  
**Registrations will not be accepted beyond deadline.**



Name(s): \_\_\_\_\_  
Email: \_\_\_\_\_  
Phone: \_\_\_\_\_



# *A Special Invitation* To the St. Petersburg Bar Kickoff Luncheon

Friday, September 1, 2017  
**BridgePoint Church** (formerly Mirror Lake Lyceum)  
737 Third Ave. N.  
11:30am ~ Networking Lunch  
11:55am ~ All Guests Seated for Program

## Improve Your Practice and Your Life!

### Nora Riva Bergman, J.D.

In her book, *50 Lessons for Lawyers*, attorney coach Nora Riva Bergman shares her strategies for helping lawyers achieve a sound balance in their personal and professional lives. This presentation focuses on strategies that you can put to work in your practice today to help you..... Earn More, Stress Less, and Be Awesome!



A FREE 1 hr. CLE seminar (approved)

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### MAIL

the completed  
form w/check



### FAX

completed form to  
727-823-8166



### ON-LINE

[www.stpetebar.com](http://www.stpetebar.com)

## September Membership Meeting - September 1, 2017 - Reservation Deadline August 30th.

- \_\_\_\_\_ FREE - St. Pete Bar regular members, Judges, and Student members.
- \_\_\_\_\_ \$25.00 - Reciprocal members, associate members, member staff and guests

Name(s): \_\_\_\_\_

Firm: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

- Check enclosed
- For security purposes, to pay by credit card, please register online at the calendar at [www.stpetebar.com](http://www.stpetebar.com)

TOTAL: \_\_\_\_\_

Send payment to:

St. Pete Bar Association  
P.O. Box 172  
St. Petersburg, FL 33731-0172

Phone: 727-823-7474 ■ Fax: 727-823-8166 ■ Email: [info@stpetebar.com](mailto:info@stpetebar.com) ■ Website: [www.stpetebar.com](http://www.stpetebar.com)

**Reservations and Cancellations are REQUIRED. In an effort to provide accurate counts to caterers and the venue, all reservations must be received by August 30, 2017**



- Please check here if you have a disability that may require special attention or services. To ensure availability of appropriate accommodations, attach a general description of your needs. We will contact you for further coordination.